



Yoga-Tastic 4 Kids Inc. Risk and Waiver of Liability Relating to Coronavirus/COVID-19

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, Federal, Provincial, and local governments as well as federal and provincial health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people.

Yoga-Tastic 4 Kids Inc. ("Yoga-Tastic/ The Studio") has put in place preventative measures to reduce the spread of COVID-19; however, the studio cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, participation at Yoga-Tastic 4 Kids Inc. could increase your risk and your child(ren)'s risk of contracting COVID-19.

If a participant begins to experience symptoms of COVID-19 (ie excessive coughing, fever, shortness of breath, nausea ect.) while attending a program, Yoga-Tastic 4 Kids Inc. will ensure:

- Symptomatic participants will be immediately separated from others in a supervised area until they can go home. In addition, where possible, anyone who is providing care to the participant will maintain a distance of at least 2 meters during pick-up.
- While in isolation until pick-up, participant will be reminded of hand hygiene and respiratory etiquette.
- Tissues and face coverings (if admissible) will be provided to the participant to support proper respiratory etiquette, along with proper disposal of the tissues.
- Environmental cleaning/disinfection of the space and items used by the participant will be conducted once the participant has been picked up. Items that cannot be cleaned and disinfected (e.g., paper, books, cardboard puzzles) will be removed from the program and stored in a sealed container for a minimum of 5 days.
- Participants experiencing COVID-19 symptoms will be required to self-isolate for a minimum **5 days** and not be displaying any symptoms before re-entry into the program or class.
- Those who test positive for COVID-19 will be excluded from the program or class for **5 days** (10 days if not fully vaccinated) starting the day of the onset of symptoms.

A daily log will be kept at the studio with contact information of anyone staying at the studio 15 minutes or longer. This is a requirement from Health Canada to aid with contact tracing should a person test positive with COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I or my child may be exposed to and/or infected by COVID-19 by attending the studio and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at the studio may result from the actions, omissions, or negligence of myself and others, including, but not limited to, studio employees, and volunteers.

I voluntarily agree to assume all the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may experience or incur in connection with my attendance at Yoga-Tastic 4 Kids Inc. On my behalf, and on behalf of my child(ren), I hereby release, covenant not to sue, discharge, and hold harmless Yoga-Tastic 4 Kids Inc., its employees, agents, and representatives, of and from the claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of the studio and its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any services at Yoga-Tastic 4 Kids Inc. Refunds for classes and/or segments of time away from programs will not be issued because of being infected with COVID-19.

I have read and understand the above waiver.

I am 18 years of age or older.

Signature of Parent/Guardian _____

Date ____/____/____

Child(ren)'s Name _____